### **UNIVERSITY OF SPLIT**

### **SCHOOL OF MEDICINE**

Class: 030-02 / 20-01 / 0008

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Split, September 21st 2020

Pursuant to item V of the Decision on the manner of teaching in primary and secondary schools as well as in higher education performing work in pre-school education institutions in the conditions of the SARS-CoV-2 virus epidemic (COVID-19), the Government of the Republic of Croatia (Official Gazette 99 / 2020) and the Recommendation for teaching at higher education institutions during the pandemic of the disease caused by the SARS-CoV-2 virus (COVID-19) with the application of anti-epidemic measures of the Croatian Institute of Public Health Dean's Collegium at the sessions held on 14<sup>th</sup> September 2020

# RECOMMENDATIONS FOR TEACHING AT THE UNIVERSITY OF SPLIT SCHOOL OF MEDICINE DURING THE EPIDEMIC OF COVID-19 DISEASE CAUSED BY THE SARS-CoV-2 VIRUS WITH THE APPLICATION OF ANTI-EPIDEMIC MEASURES

### I. ORGANIZATION OF TEACHING

Seminars and practical forms of teaching (preclinical and clinical exercises) are performed in a classic form of teaching in the premises of the University of Split School of Medicine (hereinafter the Faculty) and / or collaborating institutions and teaching bases of the Faculty according to the curriculum in compliance with anti-epidemic measures for all study programs.

Lectures for the study programs Dental Medicine and Pharmacy are also conducted in the classic form in the premises of the Faculty and / or collaborating institutions and teaching bases of the Faculty according to the curriculum in compliance with anti-epidemic measures.

Lectures for all six years of the Medical Studies as well as for first three years of Medical Studies in English are conducted online in real time exclusively through the Teams platform (MS Office 365). Alternatively, an acceptable form of lecture is a power point presentation with accompanying audio and / or video that must be set in the Moodle / Merlin platform.

In case of worsening of the epidemiological situation or the need to send students and / or teachers to self-isolation, all forms of teaching for a particular subject of the study program are conducted online in the Moodle / Merlin platform or as online lectures in real time in the Teams platform.

The teaching hour lasts 40 minutes. There is a break of at least 15 minutes between classes in order to ventilate and clean the room before a new group of students enters. Corridors, staircases and entrances are places where longer stays should be avoided.

Students, teachers and staff should not enter the Faculty building and / or collaborating facilities if they have a fever as well as acute signs and symptoms of respiratory disease (sneezing, runny nose, difficulty breathing) or other symptoms of infection (loss of smell or taste, headache, malaise, muscle aches, indigestion) and if they are self-isolated or have been confirmed to be infected with the SARS-CoV-2 virus (COVID-19).

If the student has a measure of self-isolation during the exam or other activities that cannot be carried out remotely or at a later date, and are a condition for the completion of the academic year, the conditions for taking the exam or other activity will be determined by the competent vice dean for teaching in agreement with the head of the department in accordance with the epidemiological situation and prescribed measures.

When entering or leaving buildings, during movement and staying in classrooms and common areas, a distance of 1.5 meters from other persons should be maintained. Students are not allowed to change seminar groups.

Before entering the classroom, it is necessary to wash hands and disinfect them, and during the entire stay in the Faculty building, it is necessary to wear a protective face mask. When going to classes in collaborating institutions and / or teaching bases of the Faculty, it is necessary to adhere to the prescribed anti-epidemic measures of each individual institution.

Physical Education should be held outdoors as much as possible while indoor classes should be held only if it is possible to organize classes in accordance with the recommendations for sports activities of the CIPH (Croatian Institute of Public Health).

### II. ENTRY AND EXIT FROM THE FACULTY BUILDING

It is necessary to reduce the simultaneous stay of a larger number of people not only at the entrance but also in all common rooms of the Faculty.

Students are required to take all their personal belongings from the Faculty and throw any garbage in the bin personally.

At the entrance to the Faculty building, in front of the classrooms and on multiple other locations in the Faculty buildings, a disinfectant has been installed and must be applied in the recommended manner.

### III. CLEANING AND DISINSECTION OF THE SPACES OF THE FACULTY

The premises are ventilated at least twice a day and obligatorily after each individual group of students leaves the premises, or the window is left open if the weather conditions permit.

Working instruments, microscopes, keyboards, must be wiped with disinfectant between two groups of students.

Contact surfaces such as door handles, windows, work surfaces, remote controls, light switches, toilets as well as all surfaces used by a large number of people should be disinfected at the beginning and end of the shift, at least twice a day.

Cleaning is done when students are not on premises.

#### IV. WEARING PROTECTIVE GLOVES AND MASKS

Students, teachers, all employees of the Faculty and other persons in all indoor premises of the Faculty should wear an appropriate protective mask that must cover the nose and mouth.

During classes in health care institutions, the protocols of these institutions are applied.

It is not recommended to wear gloves for activities and circumstances in which gloves were not used in professional work before the coronavirus pandemic, but preference is given to washing hands with warm water and soap and using disinfectants.

# V. DAILY TEMPERATURE MEASUREMENT AND MONITORING OF THE OCCURRENCE OF SYMPTOMS OF THE DISEASE IN TEACHERS, STUDENTS AND THE EMPLOYEES OF THE FACULTY

It is not allowed to work or to come to the Faculty premises with fever, respiratory and / or other symptoms of an infectious disease. In this case, it is necessary to call the superior and the chosen family medicine physician for further instructions.

Upon entering the Faculty building, all students, teachers and employees have their body temperature measured with a non-contact thermometer.

Guests, visitors and other persons are subjected to body temperature measurement at the entrance to the Faculty and are recorded on a list signed by themselves.

At the beginning of the class, a short epidemiological survey will be conducted in each classroom, which will be conducted by student representatives.

Should teachers, students and employees of the Faculty during classes or working hours develop a fever and / or respiratory and / or other symptoms appear, they must leave the Faculty building immediately, inform the Head of the Faculty, if possible without additional contact (e.g. by phone) or another superior. They must then contact their chosen family medicine physician for further instructions.

In case of learning that a person has symptoms of COVID-19 disease or is a possible transmitter / possible source of infection, each teacher, student and employee of the Faculty is obliged to inform the superior or the head of the Faculty.

### VI. ENHANCED PERSONAL HYGIENE

All students, teachers and employees of the Faculty and other persons staying at the Faculty should avoid touching the mouth, nose, eyes and face with their hands, wash their hands regularly and properly or use disinfectant before entering their group, before and after food preparation, before meals, after using the bathroom, after cleaning nose and always when hands look dirty.

When washing hands, the instructions / instructions for proper hand washing of the CIPH should be followed. When coughing and sneezing, the mouth and nose are covered with an elbow or a tissue, which should then be thrown in the trash and washed. Also, when coughing and sneezing, face should be turned away from other people and sharing glasses, cups, dishes and cutlery with other people should be avoided.

## VII. STUDENTS, TEACHERS AND EMPLOYEES OF THE FACULTY WITH HIGH RISK OF DEVELOPING COVID-19 OR A SEVERE CASE OF COVID-19

Given that the risk of coronavirus infection for student teachers and staff of the Faculty has so far not proven to be higher than the risk of infection in any other workplace or community, it is considered that only persons in the high-risk group should not stay at the Faculty. For each such person or person sharing a household with a person from a high-risk group, the case should be considered individually, taking into account the current epidemiological situation, the necessary protective measures should be provided, including distance learning. Belonging to a high-risk group is proven by a certificate from a selected family medicine physician.

Diseases and health conditions that may increase the risk for a more severe form of the disease COVID-19 have been identified in the CIPH document (September 2<sup>nd</sup>, 2020).

### VIII. FINAL RECOMMENDATIONS

Heads of departments are in charge of implementing epidemiological recommendations in teaching. Appropriate services of the Faculty are in charge of controlling the entrance and exit to the Faculty building.

Links to additional instructions and recommendations of the CIPH are an integral part of these Recommendations.

Prof. Ante Tonkić, MD, PhD

Vice Dean for Teaching and Student Affairs

### LINKS TO ADDITIONAL INSTRUCTIONS AND RECOMMENDATIONS

### Cleaning and disinfection instructions:

- No SARS-CoV-2 virus disease (COVID-19):
   https://www.hzjz.hr/wp-content/uploads/2020/03/Ciscenje-i-dezinfekcija-prostorije-bezoboljelih-od-COVID-19-2.4.2020.pdf
- Persons maybe affected or positive for SARS-CoV-2 virus disease (COVID-19): https://www.hzjz.hr/wp-content/uploads/2020/03/Ciscenje-i-dezinfekcija-prostora-u -kojima-jeboravila-osoba-pod-sumnjom-COVID-19-2.4.2020.pdf
- Recommendations for work in libraries and antique shops during the coronavirus epidemic (COVID-19):
  - https://www.hzjz.hr/wp-content/uploads/2020/03/Preporuke-za-rad-u-knji%C5%BEnicama-iantikvarijatima-tijekom-epidemije-koronavirusa-COVID-19.pdf
- Instructions for self-isolation:
  - https://hzjz.hr/wp-content/uploads/2020/03/letak\_samoizolacija.pdf
    https://hzjz.hr/wp-content/uploads/2020/03/letak\_samoizolacija\_EN.pdf
    https://hzjz.hr/sluzba-epidemiologija-zarazne-bolesti/izolacija-tko-sve-treba-biti-u-noj-ipravila-koja-trebaju-postovati-ukucani-osobe-koja-je-izolaciji/
- Recommendations for sports activities:
  - https://www.hzjz.hr/wp-content/uploads/2020/03/Preporuke-za treninge-u-zatvorenom 2.pdf https://www.hzjz.hr/wpcontent/uploads/2020/03/Preporukeza trening pripremne utakmice u zatvorenom 04 06.pdf https://www.hzjz.hr/wp-content/uploads/2020/03/Sport\_rekreacija\_na\_otvorenom-10-05.pdf
- Instructions regarding face masks:
  - https://www.hzjz.hr/wp-content/upoloads/2020/03/Maske-za-lice-1.pdf https://www.hzjz.hr/wp-content/uploads/2020/03/Tko-ne-trebanositi-masku-izuze%C5%A1enja-maske.pdf
- Other recommendations and instructions:
   https://www.hzjz.hr/sluzba-epidemiolgija-zarazne-bolesti/koronavirus-najnovije-preporuke/